

SERVICE	RECOMMENDED AGES/FREQUENCY **
Routine History and Physical Examination Exams should include: <ul style="list-style-type: none"> • Newborn screening (including gonorrhea prophylactic topical eye medication and hearing loss) • Head circumference (up to 24 months) • Height/length and weight • Body mass index (BMI; beginning at 2 years of age) • Blood pressure (beginning at 3 years of age) • Sensory screening for vision and hearing • Developmental milestones (screening/surveillance) • Iron supplementation (6 to 12 months) at increased risk for iron deficiency anemia**** • Autism screening (18 + 24 months) • STD screening (males/females, as appropriate) • Anticipatory guidance for age-appropriate issues including: <ul style="list-style-type: none"> • Growth and development, breastfeeding/nutrition, obesity prevention, physical activity and psychosocial/behavioral health • Safety, unintentional injuries, firearms, poisoning, media access • STDs, HIV, pregnancy prevention • Tobacco, alcohol, and illicit drug use • Dental care/fluoride chemoprevention • Sun/UV radiation skin exposure 	Newborn, 3-5 days, by 1 month, 2 months, 4 months, 6 months, 9 months, 12 months, 15 months, 18 months, 24 months, 30 months, 3 years to 18 years [annually]
SCREENINGS	RECOMMENDED AGES/FREQUENCY **/**
Newborn screen (including hypothyroidism, sickle cell disease and PKU)	At birth
Lead screening	9-12 months (at risk) ¹
Hemoglobin and Hematocrit	9-12 months (at risk)
Urinalysis	5 years (at risk)
Lipid screening (risk assessment)	Every 2 years, starting at 2 years -- 2, 4, 6, 8 and 10 years Annually, starting at 11 years – 11, 12, 13, 14, 15, 16 and 17 years.
Fasting Lipid Profile	Routinely, at 18 years (younger if risk assessed as high)
Tuberculin test	Assess risk at every well child visit
Vision test (objective method)	Beginning at 3 years: annually
Hearing test (objective method)	At birth and at 4, 5, 6, 8 and 10 years
Syphilis test (males/females)	18 years and younger (high risk males/females****): suggested testing interval is 1-3 years
HIV Test (males/females)	Age 15-18: Routine one-time testing Regardless of age: Repeat testing of all high risk persons;**** suggested testing interval is 1–5 years
Chlamydia test (females)	18 years and younger (sexually active females as well as other asymptomatic females at increased risk**** for infection): annually
Gonorrhea test (females)	18 years and younger (high risk sexually active females****): suggested testing interval is 1-3 years.
IMMUNIZATIONS	RECOMMENDED AGES/FREQUENCY **/**
Rotavirus (RV)	2 months, 4 months, [6 months] [PRODUCT SPECIFIC]
Polio (IPV)	2 months, 4 months, 6–18 months, 4–6 years
Diphtheria/Tetanus/Pertussis (DTaP)	2 months, 4 months, 6 months, 15–18 months, 4–6 years
Tetanus/reduced Diphtheria/Pertussis (Tdap)	11–12 years (catch-up through age 18)
Human papillomavirus (HPV2/HPV4 -- females); (HPV4 -- males)	11--12 years (3 doses) (catch-up through age 18)
Measles/Mumps/Rubella (MMR)	12–15 months, 4-6 years (catch-up through age 18)
Hemophilus influenza type b (Hib)	2 months, 4 months, [6 months], 12–15 months [PRODUCT SPECIFIC]
Varicella/Chickenpox (VAR)	12-15 months, 4-6 years (catch-up through age 18)
Hepatitis A (HepA)	12--23 months (2 doses) (catch-up through age 18)
Influenza	6 months-18 years; annually ² during flu season
Pneumococcal conjugate (PCV13)	2 months, 4 months, 6 months, 12–15 months
Pneumococcal polysaccharide (PPSV23)	2-18 years (1 or 2 doses) [high risk: see CDC]
Hepatitis B (HepB)	Birth, 1–2 months, 6–18 months (catch-up through age 18)
Meningococcal (MenACWY-D/MenACWY-CRM) [high risk: see CDC]	11--12 years, 16 years (catch-up through age 18)

This information is provided as an educational resource and the entities listed below assume no liability associated with either its contents or use. Health care benefit programs issued or administered by Capital BlueCross and/or its subsidiaries, Capital Advantage Insurance Company®, Capital Advantage Assurance Company® and Keystone Health Plan® Central. Independent licensees of the BlueCross BlueShield Association. Communications issued by Capital BlueCross in its capacity as administrator of programs and provider relations for all companies.

*Traditional and Comprehensive plans may not provide coverage for all of the services and screenings listed above. Please refer to the certificate of coverage for specific benefit details or the Member may call Customer Service at the number listed on the front of their ID card.

**Services that need to be performed more frequently than stated due to specific health needs of the Member and that would be considered medically necessary may be eligible for coverage when submitted with the appropriate diagnosis and procedure(s) and are covered under the core medical benefit.

***Capital BlueCross considers Members to be “high risk” or “at risk” in accordance with the guidelines set forth by the Centers for Disease Control and Prevention (CDC).

****Capital BlueCross considers individuals to be “high risk” or “at risk” in accordance with the recommendations set forth by the U.S. Preventive Services Task Force (USPSTF)[www.ahrq.gov/clinic/uspstfix.htm]

¹ Encourage all PA-CHIP Members to undergo blood lead level testing before age 2 years.

² Children aged 8 years and younger who are receiving influenza vaccines for the first time should receive 2 separate doses, both of which are covered. Household contacts and out-of-home caregivers of a high risk Member, including a child aged 0-59 months, should be immunized against influenza.

Reference Sources: American Academy of Pediatrics (AAP), U.S. Preventive Services Task Force (USPSTF), Advisory Committee on Immunization Practices (ACIP), Centers for Disease Control and Prevention (CDC) [www.cdc.gov]

Revised 4/9/2014